

# FIELD *notes*

Creating Opportunities for Community Activity and Service.



## Friends of Berston Providing Programming During COVID-19

As our world is in an unprecedented time, here at Berston Field House we are finding ways to stay connected to our students and participants through virtual programming. We wanted to share with you some of the programming that is still going on from home as well as provide you with resources available throughout the community during this time. We are eager to serve our community and will pick back up right where we left off once it is safe to do so. We hope everyone is staying safe, social distancing, and we are praying for everyone during this time and cannot wait to see you again soon, friends.

### *Namaste 'at home*



Virtual yoga classes are being held Monday, Wednesday, and Friday at 10a & 7p

*Interested in joining?*

*Please call Valorie Horton (810) 610-6673*

#### **Coming Soon:**

Arts camp will begin June 22 - July 24

The Community Festival - July 25

### *Berston's Bicycle Club*



has also continued their biking trails with biking at a distance.

*Interested in riding?*

*Please call Angela Stamps (626) 240-8578*



### *CEDS Dancing at a Distance*

Creative Expressions Dance Studio has continued its classes through Zoom virtually. There is also a new component added for those students who have the TikTok app - they can join CEDS daily challenges. CEDS is also working on offering drop-in virtual classes for the public and adding tutorials for dancer's hair and make-up.

*To watch more of our students dancing at a distance or their TikTok challenges follow CEDS on Instagram @creativeexpressionsdancestudio*

Photo: Dancer, Jordan Young-McIntosh warms up while waiting for virtual class to start



***If you would like to donate to Friends of Berston go to [berston.org](http://berston.org)***

# Flint Food & Water Resources During Covid-19

## Flint Community Schools Providing Meals to Families



Breakfast and lunch will be distributed from 10 a.m. to 1 p.m. at the following sites:

### NORTH FLINT

Northwestern: G-2138 W. Carpenter, Flint 48505  
Brownell/Holmes: 6602 Oxley Dr., Flint 48504  
Berston Field House: 3300 Saginaw St. Flint, 48505

### CENTRAL FLINT

Potter: 2500 N. Averill, Flint 48506  
DTM: 1518 W. Third Ave, Flint 48504

### SOUTH FLINT

Freeman: 4001 Ogema, Flint 48507  
Southwestern: 1420 W. Twelfth St., Flint 48507

## Mott Eats Food Pantry



Mott Eats will provide prepackaged food bags. Food deliveries will consist of two weeks' worth of food

### Focus: Replenishing the Mott Eats Food Pantry

April: Tuesday, 4/21 and Thursday, 4/23 (9:00am - 2:00pm each day)  
May: Tuesday, 5/5 and Thursday, 5/7 (9:00am - 2:00pm each day)  
May: Tuesday, 5/19 and Thursday, 5/21 (9:00am - 2:00pm each day)

### Focus: Delivering Food Boxes to Students' Homes (containing two weeks of food)

April: Tuesday 4/28, Wednesday 4/29, and Thursday 4/30 (9:00am - 3:00pm)  
May: Tuesday 5/12, Wednesday 5/13, and Thursday 5/14 (9:00am - 3:00pm)  
May: Tuesday 5/26, Wednesday 5/27, and Thursday 5/28 (9:00am - 3:00pm)

If you are a member of the MCC community and in need of food and are unable to visit Mott Eats please call Dinah Schaller at (810) 814-2308.

## Food Bank of Eastern Michigan Mobile Food Pantry



To find a Mobile Pantry near you go to this site <https://www.fbem.org/programs/mobile-pantry-distributions/>

or contact Agency Relations at (810) 239-4441

## Flint Cultural Center Academy



"Grab and go" meal services are available for FCCA students. Students can pickup both breakfast and lunch from 10 a.m.-1 p.m. Monday through Friday.

## GCCARD Senior Nutrition Services



Mobile Senior Nutritional Services are still available and accepting new clients. MTA has added an additional 20 drivers to assist with meal deliveries. **Call 810.235.3567.**

GCARD's Commodities Supplemental Food Program also offers supplemental food for low-income individuals age 60 and over.

**Call 810.789.3746.**

## GISD (Genesee Intermediate School District)



Genesee Intermediate  
School District

GISD will be distributing meals Monday through Friday beginning Monday, March 16 at the times and locations shown below. Meals are available for all children free of charge.

Cathedral of Faith: 6031 Dupont St. Noon-12:30 p.m.  
Transition Center: 3136 Linden Road. 10:30 a.m.-12:30 p.m.  
Elmer Knopf Learning Center: 1493 W. Maple Ave. 10:30 a.m.-12:30 p.m.  
Head Start at MCC (near Court st entrance): 1401 E. Court St. Noon-12:45 p.m.  
Stalker School: 3329 Burnell Ave. 1-1:45 p.m.  
Educare Flint: 1000 Gladwyn. Noon-12:45 p.m.  
Cummings Great Expectations: G-2200 Walton St. Noon-12:45 p.m.  
Manley Early Childhood Center: 3022 Farley St. Noon-12:45 p.m.  
Summerfield Early Childhood: 1360 Milbourne Ave. 1-1:45 p.m.  
Early Learning Center: 5575 Van Campen. 1-1:45 p.m.  
The Learning Center: 1181 W. Scottwood Ave. 1-1:45 p.m.  
Beecher Daily Elementary: 6236 Neff Road. 2-3 p.m.

## YMCA of Greater Flint

The YMCA of Greater Flint will be providing dinner for anyone in need. Anyone can pick up dinner and a snack for a child and there is no need for the child to be present. Feeding sites are operating 7 days a week.

River Park Apartments: 4-4:45 p.m.  
Pierson Road Family YMCA: 6-6:45 p.m.  
Suffolk Court Apartment: 6-6:45 p.m.  
Flint Development Center: 5-5:45 p.m.  
Downtown YMCA: 6-6:45 p.m.  
Calvary Methodist Church: 6-6:45 p.m.  
Mt. Olive Baptist Church: 5-5:45 p.m.  
Kings Lane Apartments: 4-4:45 p.m.



## Water Distribution



## United Way of Genesee County

All help centers are operated through the United Way of Genesee County and remain open. Hours may vary on or around holidays.

Bethel United Methodist Church:  
1309 N. Ballenger Hwy.  
10 a.m.-2 p.m. Mondays.

Asbury United Methodist Church:  
1653 Davison Road.  
10 a.m.-2 p.m. Tuesdays.

Greater Holy Temple Church of God in Christ:  
6702 N. Dort Hwy.  
10 a.m.-2 p.m. Thursdays.

## City of Flint Office of Public Health

Water filters, replacement cartridges and water tests remain available through the City of Flint's Office of Public Health. They also are available to assist any residents whose home need water service reconnected.

(Additional information on flushing your house plumbing system when water service is restored.)  
Call 810-410-2020 for details.



**We're in this  
together!**